

October 2025



CLEVELAND
METROPOLITAN
SCHOOL DISTRICT



Did You Know...

It's That Time of Year Again! If you want to earn wellness incentive credit, you have until 10/31/25 to do so!

SAME GREAT BENEFIT - NEW OPPORTUNITIES AND EASIER SUBMISSION! (DUE 10/31/25)

In an effort to simplify our wellness program moving forward, we are looking to eliminate the physician certification form submission process. By following the steps below, you will no longer need to submit a form to receive your wellness credit for the 2026 plan year! To make this possible, we've partnered with our Medical carrier, Aetna, to remove the need for form completion, account log-ins, and online submissions.

You will need to print the wellness form from the wellness page of the mycmsdbenefits.com website and then follow the instructions outlined within. Click [HERE](#) to view/download the new form!

NEW*

Additional preventive tests now qualify to earn your incentive. Complete any of the below to earn!

- Routine Physical/Wellness Exam
- Routine Colonoscopy
- Routine Mammogram
- Routine Pap

At this time, non-bargaining staff and the following bargaining groups have opted-in to this expanded wellness credit program: SEIU 1199, Local 777, Local 860, OPBA, Trades, and Local 436. The Cleveland Teacher's Union has elected to continue under the existing wellness credit program - CTU Members will continue to submit their forms the same way as in prior years.

For more information on eligibility, how to submit your form or how to create an account, visit <https://mycmsdbenefits.com> or scan the QR code for more information!

