

March 2025



Did You Know...

With your new Aetna plan, you get the same great coverage that you previously had with MMO?

MMO	AETNA	Enroll By:
Lark Program (weight management/diabetes program/diabetic supplies)	No Program Plan Info: Diabetic supplies are covered at 100% with no copay	N/A
Maternity Management: support, education and resources to help them navigate their pregnancies.	Aetna Enhanced Maternity Program: Provides best-in-class member support for all members regardless of risk level throughout maternity journey.	Members will be contacted by our care management team when appropriate. Note though members can self-request by calling the concierge member service phone number on their ID card. Members can also view maternity information under the Health & Wellness section once on your secure member website.
Advocacy Program: designated team that helped coordinate care, manage medications, familiarize them with resources and more	Case Management Program: Case managers collaborate with the Plan Participant, family, caregiver, physician and healthcare provider community to coordinate care, with a focus on closing gaps in the plan participants care	Members will be contacted by our care management team when appropriate. This is not a program members can sign up for. Note though members can self-request by calling the concierge member service phone number on their ID card.
WeightWatchers Program: start or renew a membership and save almost 50% off the standard rates	Fitness Reimbursement Program: provides reporting and reimbursement for fitness expenses, including fitness club/gym dues, group exercise class fees for classes led by certified instructor; fitness equipment purchases; personal training; and weight management and nutrition counseling sessions.	Refer to the Health & Wellness Discount section once on your secure member website.
Hearing Discounts: partnered with Beltone	Hearing Discounts: partnered with Hearing Care Solutions & Amplifon	Refer to the Health & Wellness Discount section once on your secure member website.
Sword Thrive: Virtual PT	Hinge Health: Digital MSK Provider	To enroll, click on the following link: hinge.health/clevelandmetroschools-enroll
Sword Bloom: Virtual pelvic floor therapy	Hinge Health: Digital Pelvic Health Provider	To enroll, click on the following link: hinge.health/clevelandmetroschools-enroll
Moms Meals: healthy meal program that is delivered right to your door	Program Discounts: Members who have medical coverage with Aetna have access to below programs; including healthy meals.	Refer to the Health & Wellness Discount section once on your secure member website

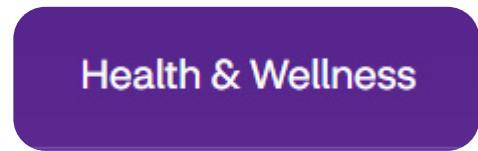
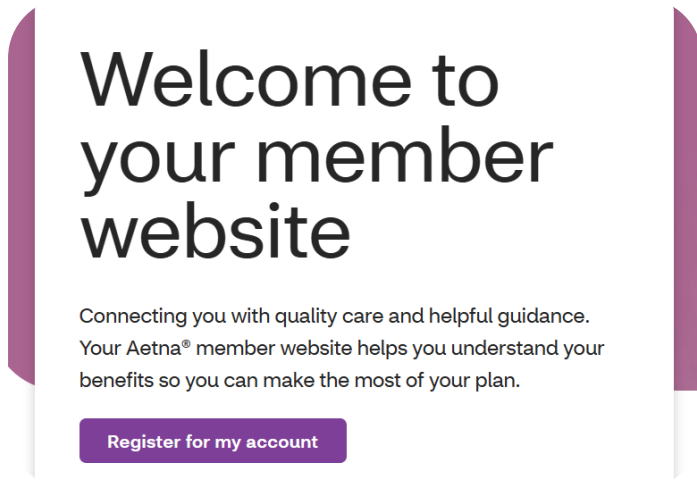


Are you registered for the secure portal? If not, follow these steps outlined below to get started!

1 Visit: [aetna.com](https://www.aetna.com)
Once on this site, click on **“Register for my account”** From there, please follow the prompts.

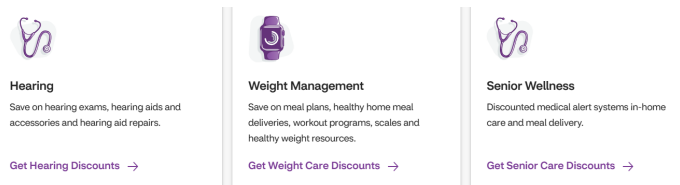
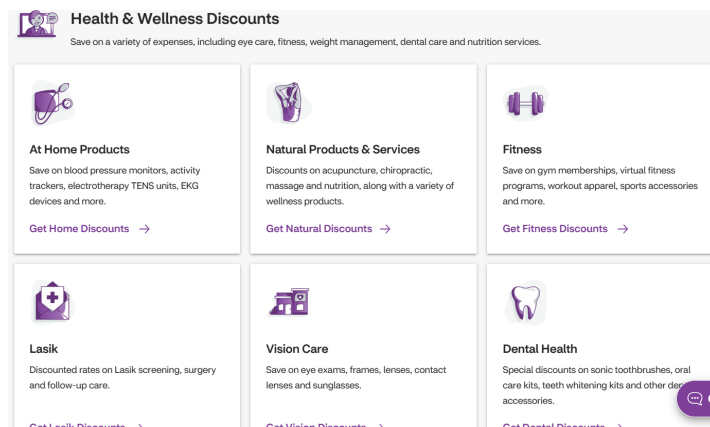
2 Once you have set up your secure site, you will be able to view your information. When on your site:

Click on **“Health & Wellness”** at the top of the screen



3 Then click on **“Health & Wellness Discounts”** and you will see various health & wellness discount options to select from.

You can select/click on anything you are interested in and will then follow the prompts.



To learn more about your benefits, visit www.mycmsdbenefits.com