

January 2025



## Did You Know...

### Get membership extras you'll use every day with CVS® ExtraCare Plus™

Aetna® is proud to be part of CVS Health.® And we're committed to giving you the tools and resources you need to feel your best. That's why your Aetna health plan includes CVS ExtraCare Plus. And best of all, it comes at no extra cost to you. All you have to do is activate the benefit by logging into your [Aetna Health app](#) or [Aetna member website](#).

Benefits like no-cost delivery and discounts on thousands of your favorite CVS Health brand products offer convenient ways to keep your health goals on track — and give you fewer errands to run.

### Take advantage of these benefits

#### 24/7 access to CVS pharmacists

Through our Pharmacist Helpline\*, you and your family can get medication support quickly.

#### Rx delivery on your schedule

Get the medications you need, whenever you need them, with no-cost Rx delivery on prescriptions.\*

#### Discounts on your favorite items

Receive 20% savings on thousands of CVS Health® brand products.\* Plus, get eligible items delivered right to your door with no-cost same-day delivery, and no-cost shipping (\$10 minimum order).\*

### The Aetna HealthSM app and your Aetna® member website

#### Manage your benefits, connect to care, handle claims — from anywhere

The Aetna HealthSM app and your Aetna® member website are personalized, seamless and easy to use. Once you're a member, here's how you can connect:

- Get the Aetna Health app by texting "GETAPP" to **90156** for a link to download the app and create an account.\*
- Go to [Aetna.com](#) to create an account and log in to your member website.

### 24-Hour Nurse Line\*

#### A simple call can make all the difference

Have questions about upcoming medical visits and options? You can talk to a registered nurse for information about tests, procedures and treatment options, 24 hours a day, 7 days a week.

**Call 1-800-556-1555 (TTY: 711). There is no cost to call the Nurse Line!**

\* While only your doctor can diagnose, prescribe or give medical advice, our 24-Hour Nurse Line nurses can provide information on a variety of health topics. Contact your doctor first with any questions about your health care needs.



To learn more about your benefits, visit [www.mycmsdbenefits.com](http://www.mycmsdbenefits.com)