



Relieve pain from the comfort of home

Tired of chronic, post surgical pain, or loss of mobility? We have you covered! Meet Sword, the new digital physical therapy program designed to help you overcome your back, joint or muscle pain – at home.

Combining physical care specialists with easy-to-use technology, Sword is far more than just convenient. It's proven to work better than in-person physical therapy.



More information on how to sign up coming soon!



How it works



Your dedicated **physical therapist** designs an exercise program just for you.



Sword will ship you a tablet and motion sensors to guide you and provide real-time feedback.



Complete your exercise sessions **at home when it is convenient for you.**



Your physical therapist is there to support you virtually and is **available at any time.**

